

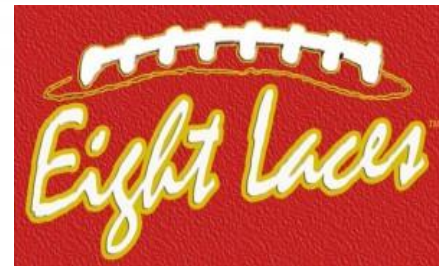
SHIELD PUNT

*Maximizing Field Position,
Eliminating Returns*

chris@eightlaces.org



@coachfore



By Chris Fore, ShieldPunt.com

EightLaces.org

COACHFORE.ORG

cure | coachfore.org

HT GMAIL TWIT FBOOK stripe 8lacs Coach4 Hoot YAH Y CIFSS VVDAILY Bookmarks SHIELD2 Member

FEATURED

My Special Teams Resources: Articles, Books, Videos, Podcasts

Hey coach I'm taking a specials coordinator job next year- HS level and wondering if you have anything u feel valuable you can share? Would really appreciate anything you feel would be valuable and beneficial for me.

4:22 PM

I love me some Special Teams! I coordinated the Special Teams all 8 years that I was a Head Coach, [Read more \[...\]](#)

FEATURED

An Insiders Guide To Interviewing For Your Dream Coaching Job

THE INTERVIEW

Chris Fore
chris@eightlacs.org
EightLacs.org
CoachFore.org

This is a presentation I did for coaches via Zoom on March 26, 2020. Thank you very much to Justin Grandenetti

[Read more \[...\]](#)



Categories: Uncategorized

FEATURED

12 Ways To Use Social Media To Promote Your Athletic Program

Triton Football

#onetownoneteam

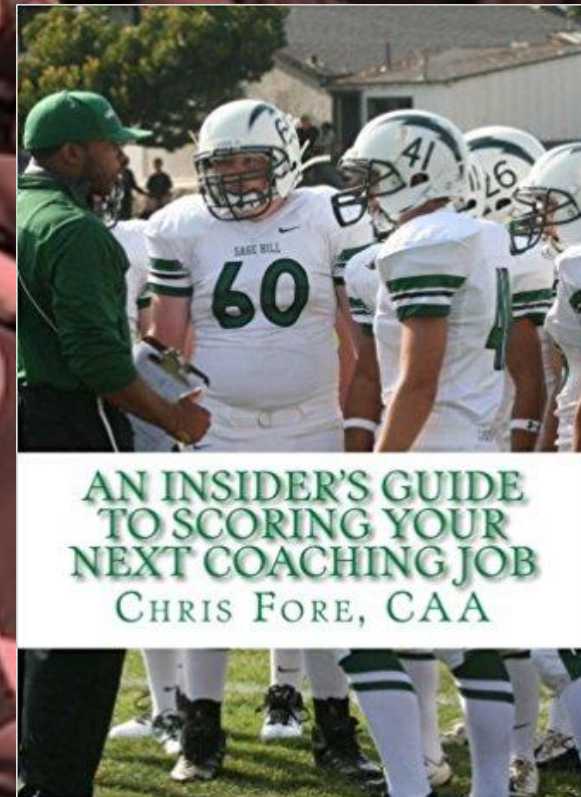
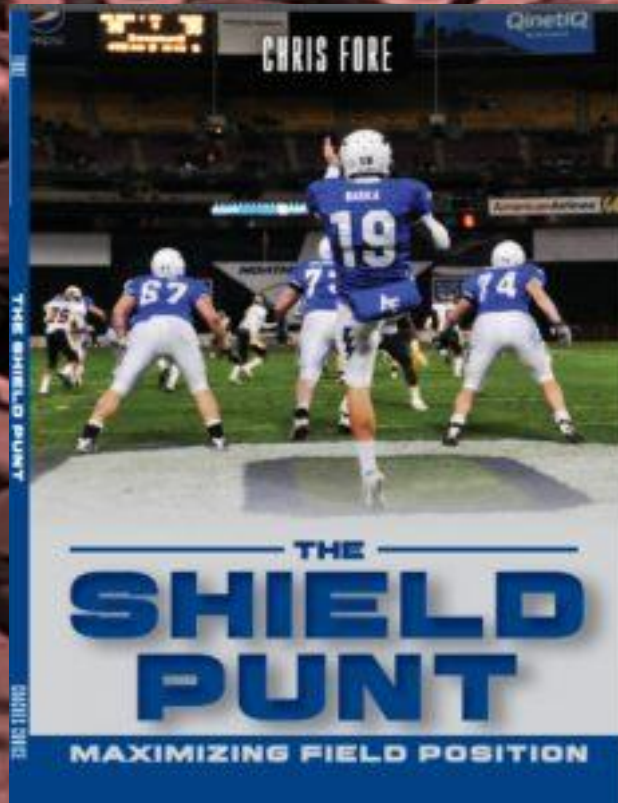
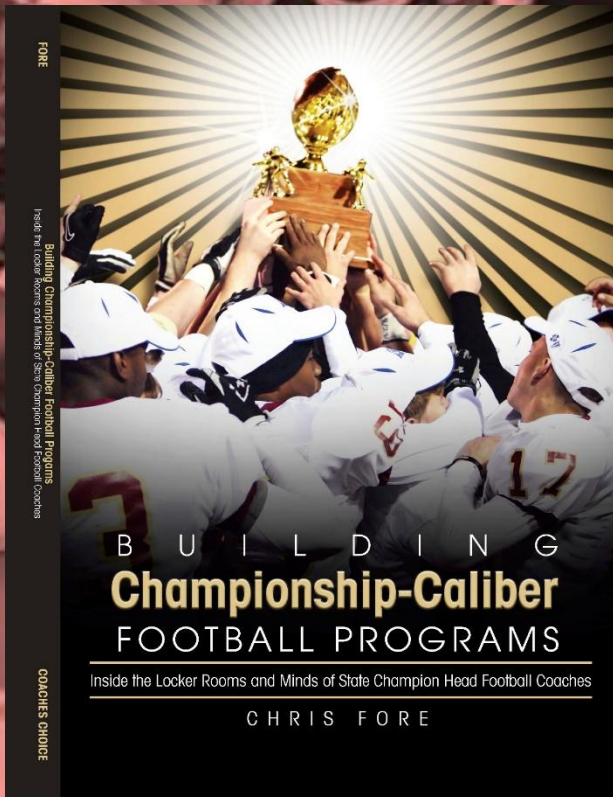
Caiden Robertson on Hudl
Watch Caiden Robertson's videos and check out their recent activity on Hudl
@hudl.com

Social Media is a DYNAMITE tool to help market your athletic programs! If used correctly, you can leverage [Read more \[...\]](#)



AVAILABLE BOOKS

EightLaces.org



EightLaces.org

**MAN VS. ZONE SCHEMES:
STEALING YARDS
ANY WAY
YOU CAN**

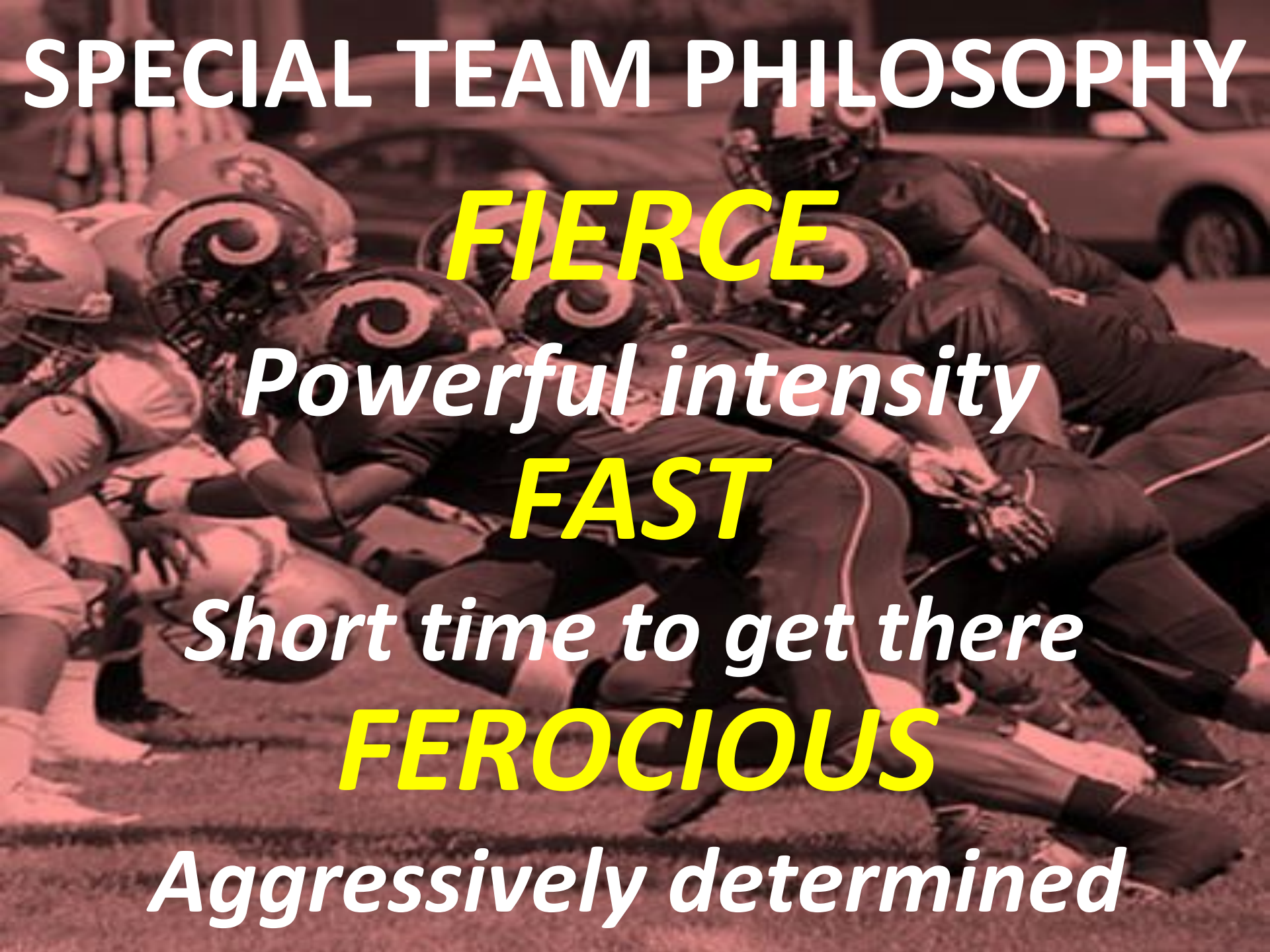


*Just one return
can win the
game!*

**KICKING GAME MANUAL
RETURNS AND BLOCKS**

by Chris Fore, CAA





SPECIAL TEAM PHILOSOPHY

FIERCE

Powerful intensity

FAST

Short time to get there

FEROCIOUS

Aggressively determined

AMERICAN MOUNTAIN LEAGUE



LEAGUE

2017 SPECIAL TEAMS RANKINGS

RANK	PLACE	TEAM	KICK RET	KICKOFF	PUNT	PUNT RET	FG%	PAT%	TOTAL
1	1		1	4	3	1	2	2	13
2	2		3	3	4	2	5	1	18
3	5		2	6	2	5	1	4	20
3	6		5	1	5	3	3	3	20
4	4		4	2	1	6	4	5	22
5	3		6	5	6	4	6	6	33

13 HS SEASONS - 1 JUCO SEASON

- 144 games/ 10 games
- 396 punts/ 44 punts
- 3 blocked ('02, '07, '14)
- 1 returned for a TD

Best Season ('16) = 40 punts = 6 ret yds

2nd Best = 38 punts = 14 ret yds



2017 STATS



- 44 punts
- 140 return yards allowed
 - **ZERO** blocked punts!
- **ZERO** return touchdowns!
 - **TWO** turnovers!
- Returns = 0,0,0,1,3,3,4,
10,13,21,24,27,34



ERIC PARRA

VICTOR VALLEY COLLEGE
(BARSTOW HIGH SCHOOL)

44 PUNTS

37.8 AVG GROSS PUNT

34.6 AVG NET PUNT

10 INSIDE THE 20 YD LINE



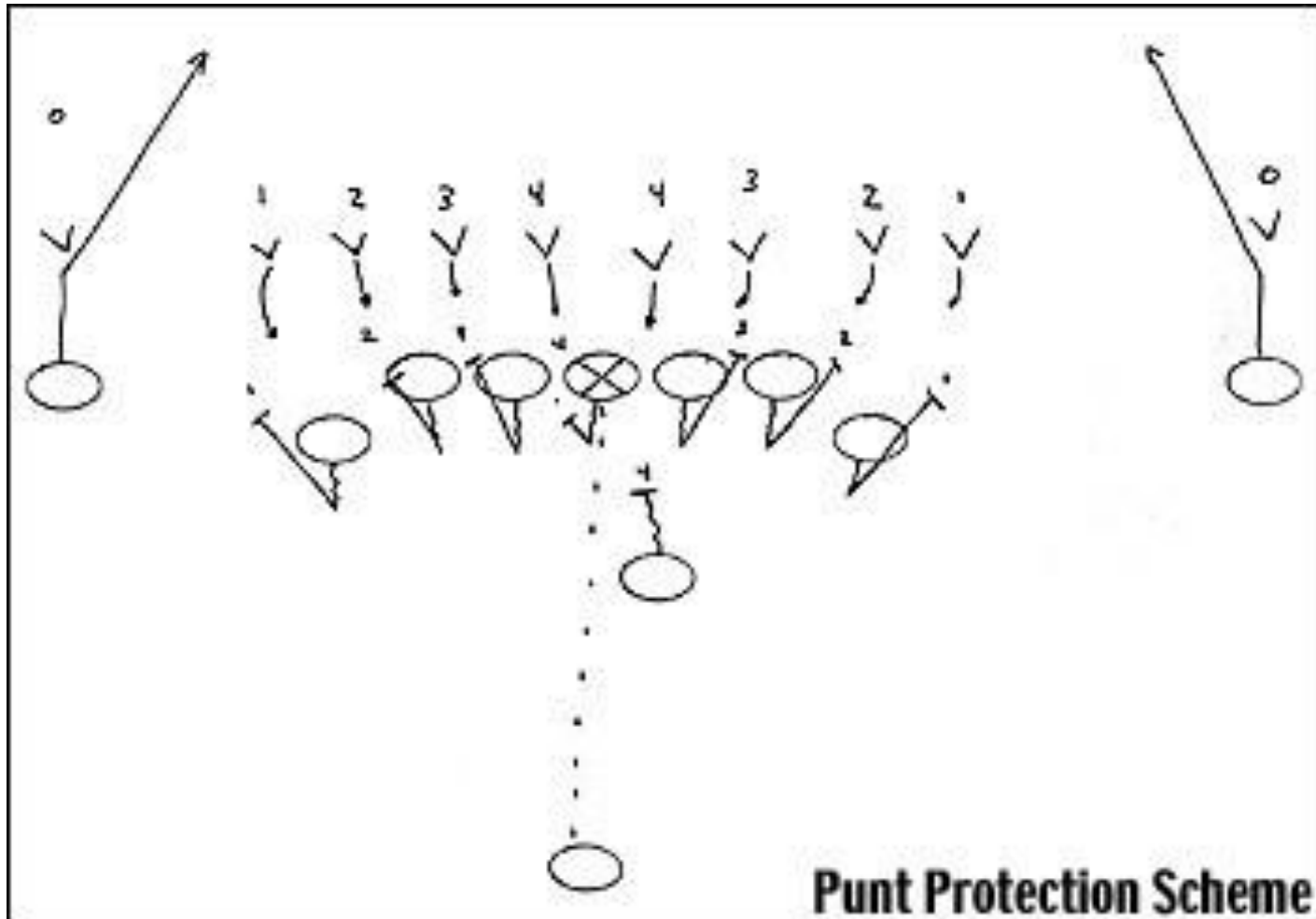
1st TEAM ALL CONFERENCE



2014 STATS

- 33 punts
- 40 return yards allowed (**1.2 avg**)
- Returns of 12 yds, **-1** yard, 22 yds, 7 yds
 - **1** blocked punt
 - **ZERO** return touchdowns!
- Decreased punt return yards by **85%** this year!!
- School record – punts inside 20 (7)

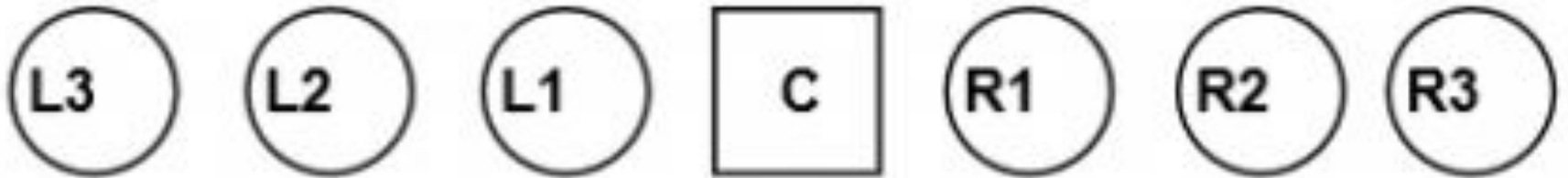
2001



6 DISADVANTAGES OF THE TRADITIONAL PUNT

- 1. Open Field Tackle tough to do**
- 2. Five *USELESS* linemen after the kick**
- 3. Just two real tacklers getting downfield**
- 4. Return team can bring 8 guys**
- 5. If returner is faster than your gunners,
you lose valuable Field Position**
- 6. Angles of the punt team creates automatic
advantage; if they returner to sideline especially**

SHIELD PUNT



SHIELD PUNT ADVANTAGES



1. Get guys down the field FAST!







Undo

10



1

2

3

5

4

6



LOVE PUNT TEAM TURNOVERS!!



ADVANTAGES OF THE SHIELD PUNT

1. Get guys down the field FAST!

2. Simple formation used everywhere on field







ADVANTAGES OF THE SHIELD PUNT

1. Get guys down the field FAST!

2. Simple formation used everywhere on field

3. Very difficult to block

BRING 10 GUYS!!



ADVANTAGES OF THE SHIELD PUNT

1. Get guys down the field FAST!

2. Simple formation used everywhere on field

3. Very difficult to block

4. A lot more fake options



DISADVANTAGES OF THE SHIELD PUNT

1. A bad snap



BAD SNAP DRILL



DISADVANTAGES OF THE SHIELD PUNT

1. A bad snap

2. Personnel – defensive guys, tired on D?

DISADVANTAGES OF THE SHIELD PUNT

1. A bad snap

2. Personnel – defensive guys, tired on D?

3. Shanked kick – Outcoverage the kick!

DISADVANTAGES OF THE SHIELD PUNT

1. A bad snap

2. Personnel – defensive guys, tired on D?

3. Shanked kick – Outcoverage the kick!

4. Backed up – if they bring all 11

BACKED UP



PERSONNEL

- L3
1. Front line seven guys – LBS/Safety types
 2. Shield – big guys who can block



SHIELD PUNT



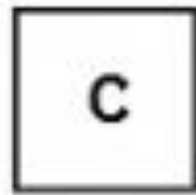
RODRIGUEZ
TAYLOR
JACKSON, T



HAMILTO
N
GAINES
BAKER



TORRES
BAZILE
ROPER



DORANTES
BACKUP
BACKUP



WHITE
JONES
SPRATLEY



MIJARES
AVERY
CARROLL



DORSEY
BROWN, K
FORD



MARRAOQUIN
SEIDEMAN
RUBEN



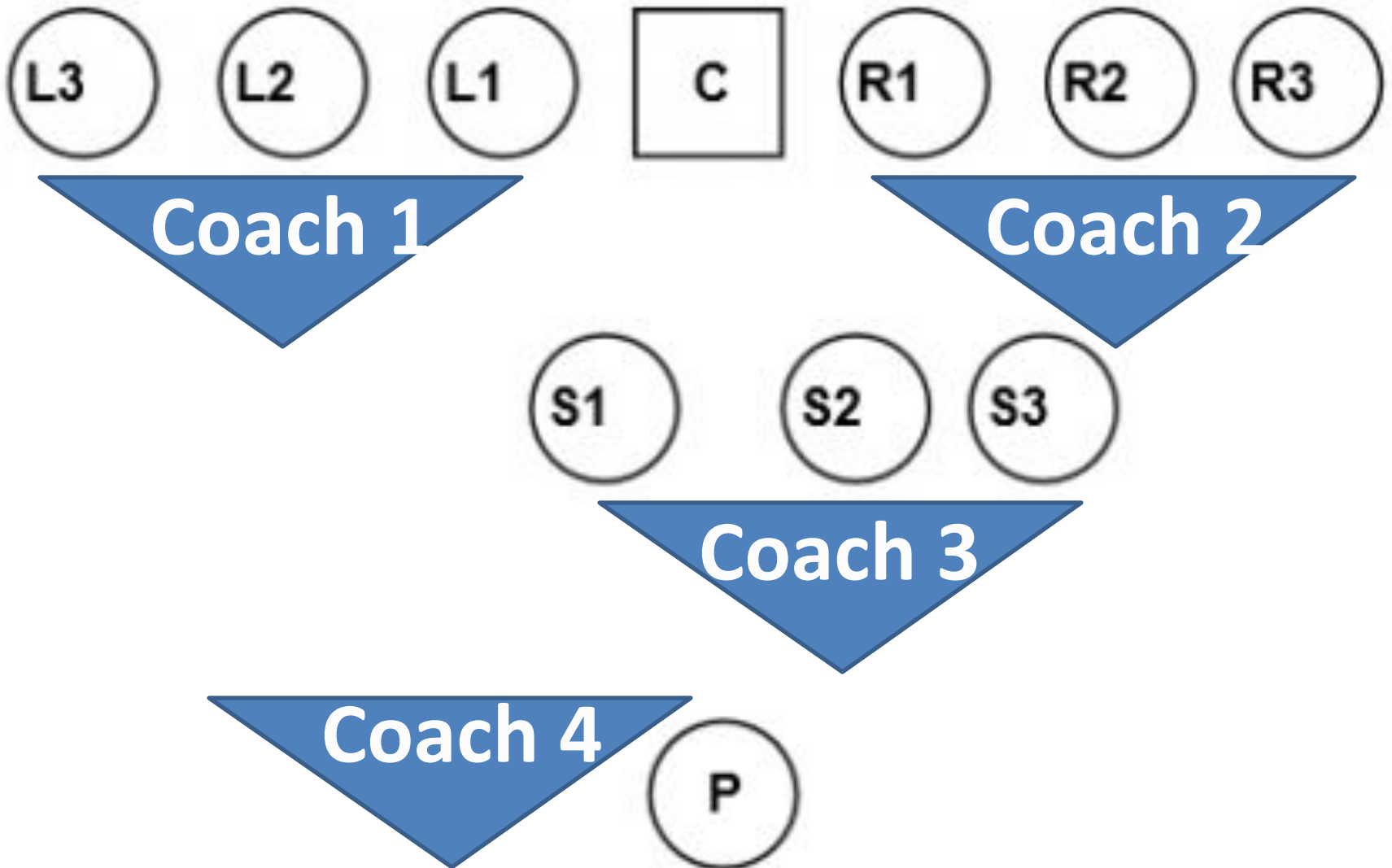
SUA
COUNCIL
HAMILTON



CROUCH
SPRUILL
BARRINGTON



COACHING ASSIGNMENTS



COACHING ASSIGNMENTS



L1-L3

R1-R3

Shield

LS/Punter

[illegible]

ALIGNMENT



ALIGNMENT



ALIGNMENT



ALIGNMENT

FRONT LINE



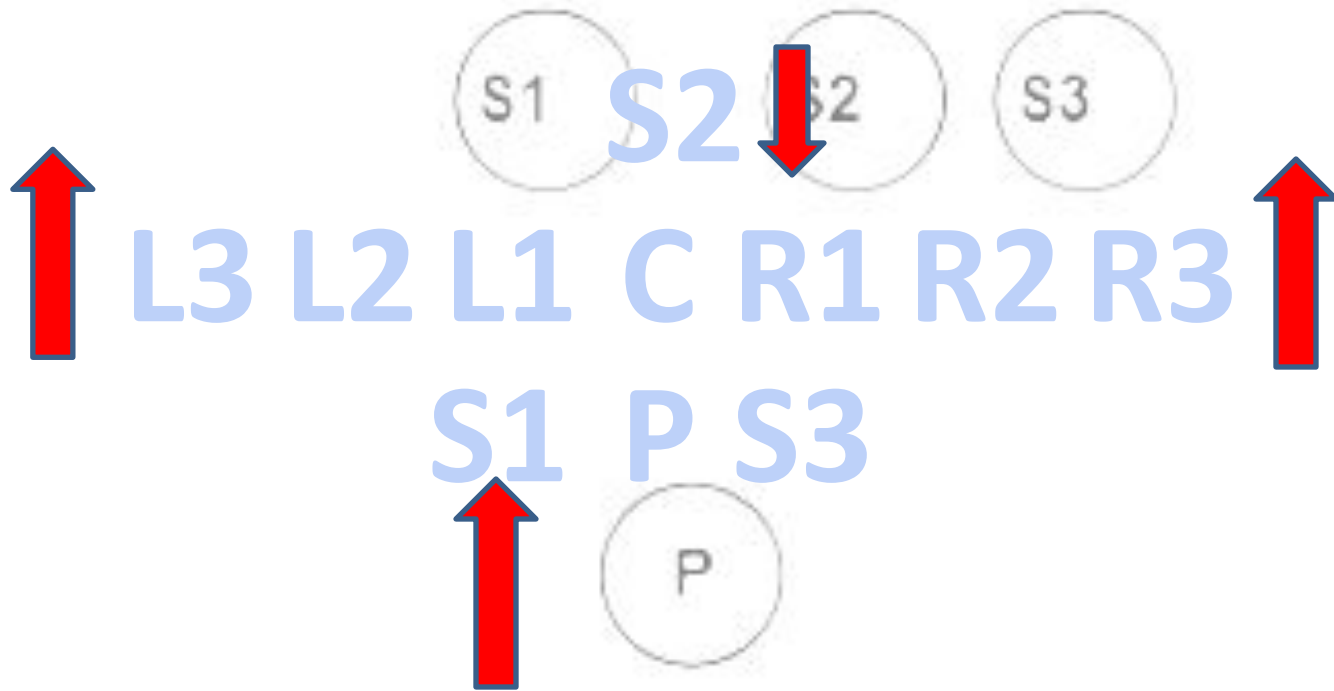
ALIGNMENT SHIELD



STANCE



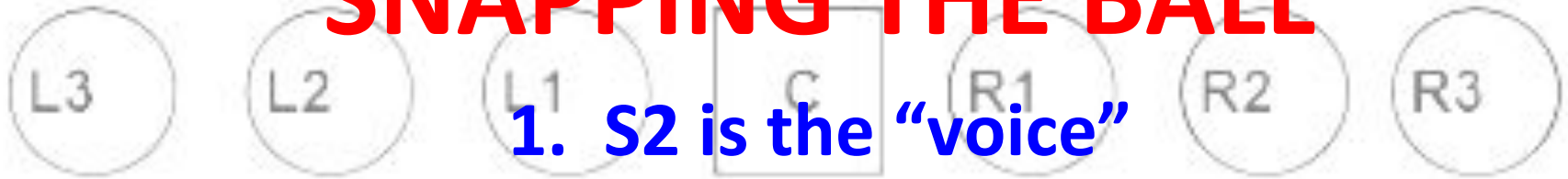
HUDDLE



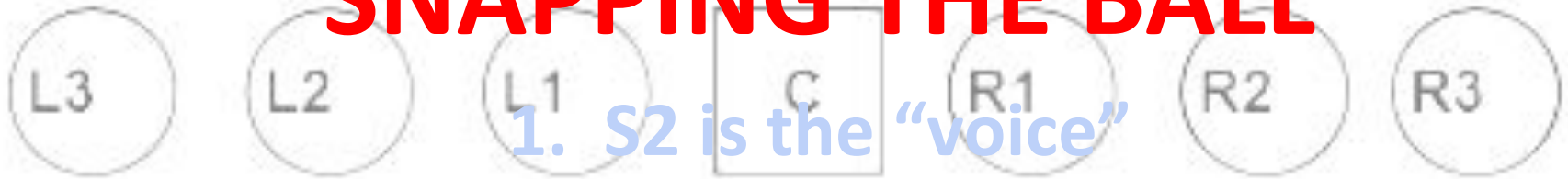
Gets heels at 6

SNAPPING THE BALL

1. S2 is the “voice”



SNAPPING THE BALL

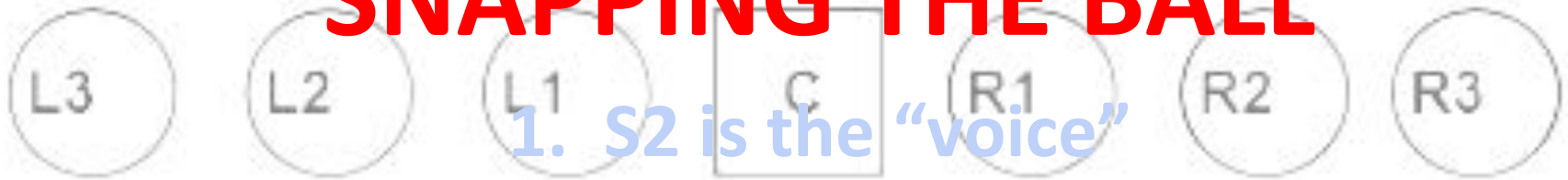


1. S2 is the “voice”

2. Make sure front line is SET



SNAPPING THE BALL



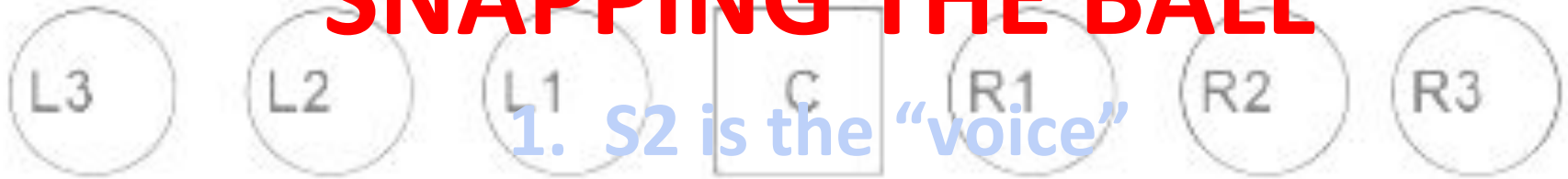
1. S2 is the “voice”

2. Make sure front line is SET

3. Make sure punter is SET and READY



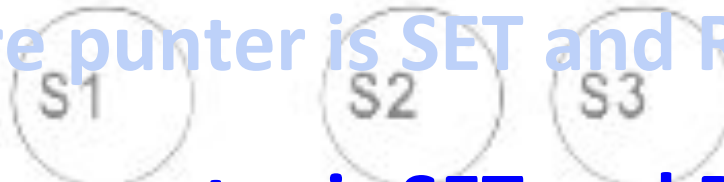
SNAPPING THE BALL



1. S2 is the “voice”

2. Make sure front line is SET

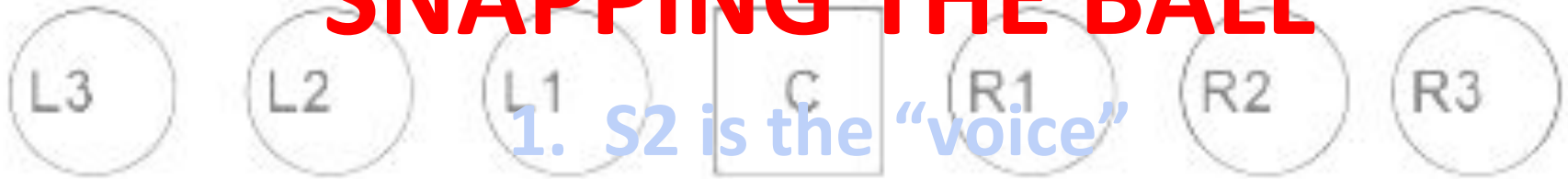
3. Make sure punter is SET and READY



4. Make sure punter is SET and READY



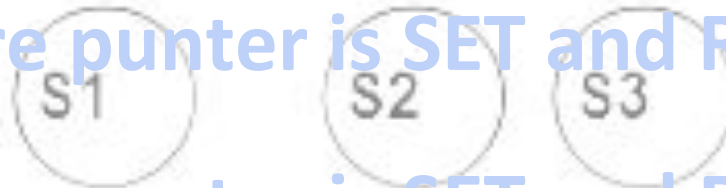
SNAPPING THE BALL



1. S2 is the “voice”

2. Make sure front line is SET

3. Make sure punter is SET and READY

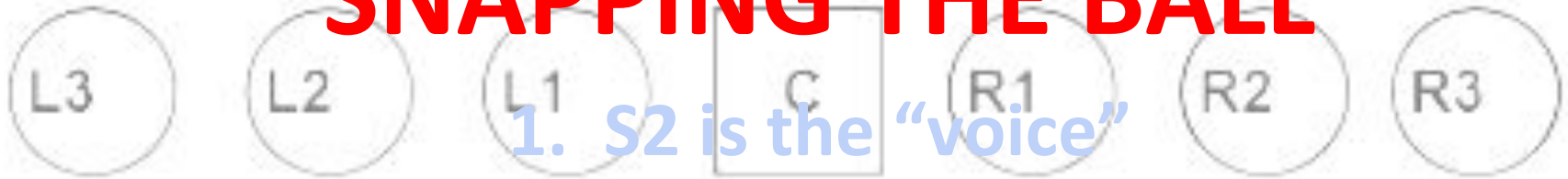


4. Make sure punter is SET and READY

5. Punter NODS and POINTS to S2 when READY



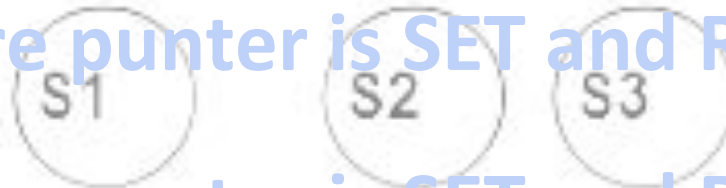
SNAPPING THE BALL



1. S2 is the “voice”

2. Make sure front line is SET

3. Make sure punter is SET and READY



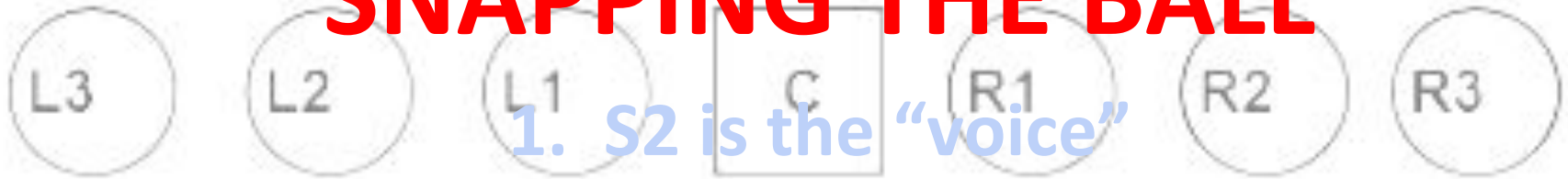
4. Make sure punter is SET and READY

5. Punter NODS and POINTS to S2 when READY

6. S2 then says “Ready, Ready” to prepare for snap



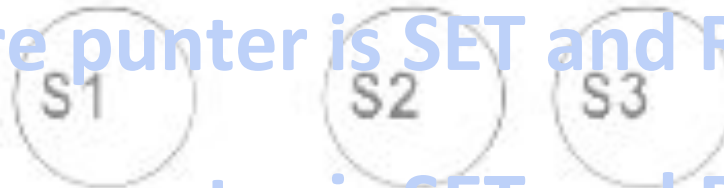
SNAPPING THE BALL



1. S2 is the "voice"

2. Make sure front line is SET

3. Make sure punter is SET and READY



4. Make sure punter is SET and READY

5. Punter NODS and POINTS to S2 when READY

6. S2 then says "Ready, Ready" to prepare for snap



7. Ball is snapped on punter's hands

AFTER THE SNAP: THE FIRST STEP

Steps have to be
PERFECT

BIGGEST THREAT – 2 MAN IN C GAP



L3 = POOR ALIGNMENT, POOR STEPS



AFTER THE SNAP: THE FIRST STEP

440 punts

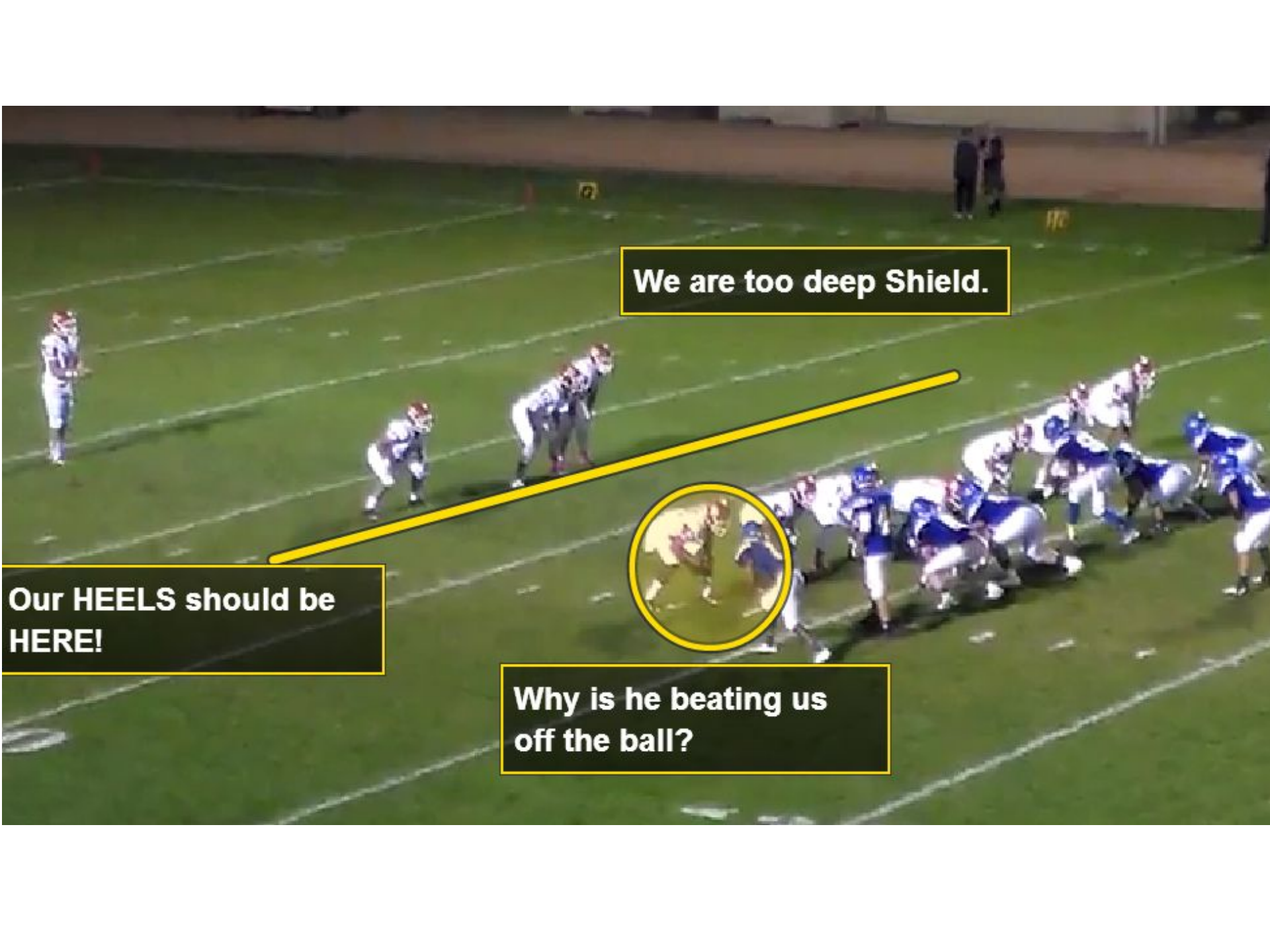
Just 3 blocked – Less than 1%

All three times – bad first step!!

2002 – S3 – Did not step up and in

2007 – R3 – No right foot step

2014 – S2 – Did not step up and in

A night-time football game on a green field. A yellow line is drawn across the field, starting from the left and ending near the center. It highlights a gap between the defensive line and the offensive line. A circular inset shows a close-up of a player in a blue jersey being tackled by a player in a white jersey. The background shows a dark stadium with some spectators.

We are too deep Shield.

**Our HEELS should be
HERE!**

**Why is he beating us
off the ball?**

AFTER THE SNAP: THE FIRST STEP



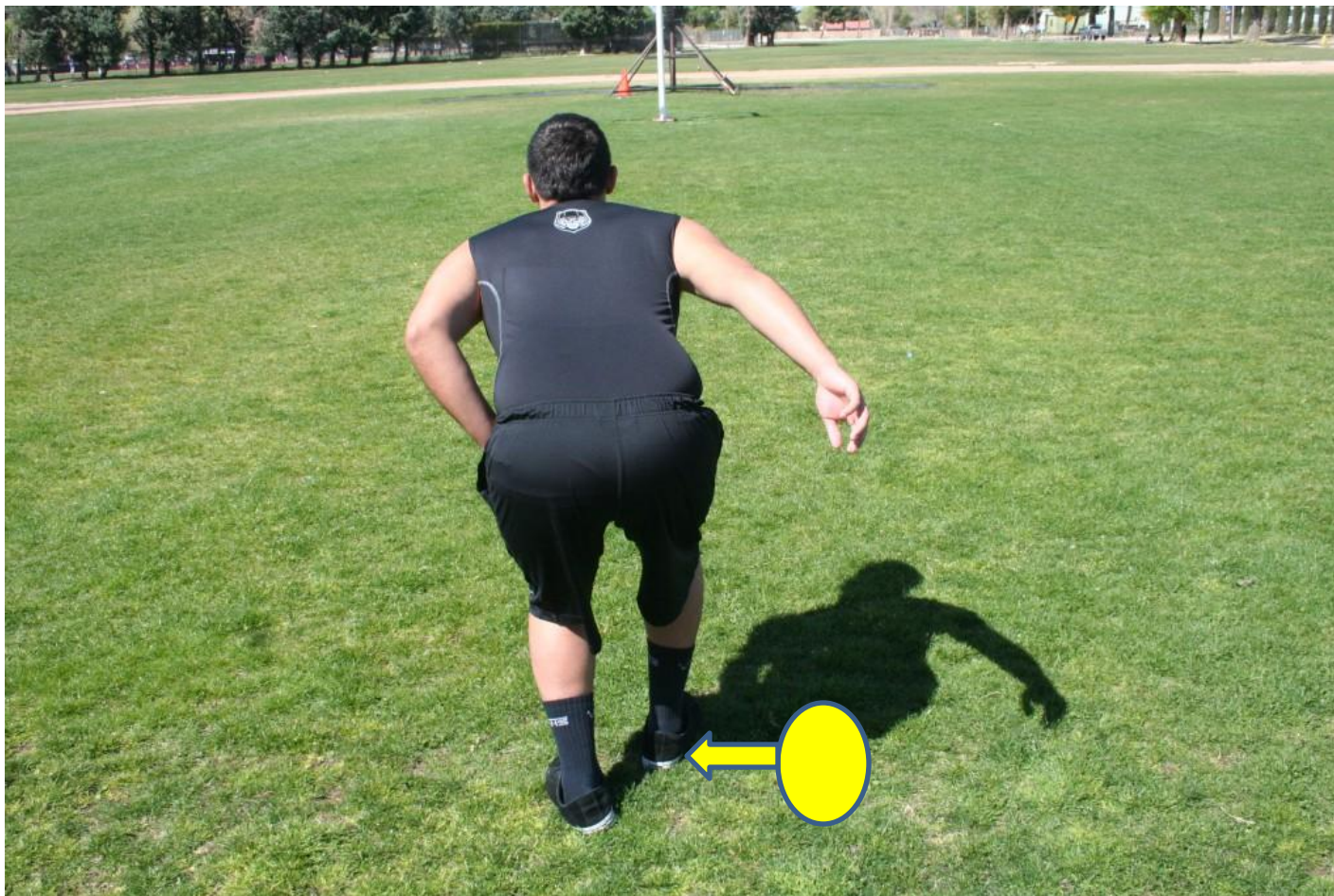
L3 – L2 – L1

AFTER THE SNAP: THE FIRST STEP



SHIELD

AFTER THE SNAP: SECOND STEP



L3 – L2 – L1

AFTER THE SNAP: SECOND STEP



AFTER THE SNAP: SECOND STEP



AFTER THE SNAP: SECOND STEP



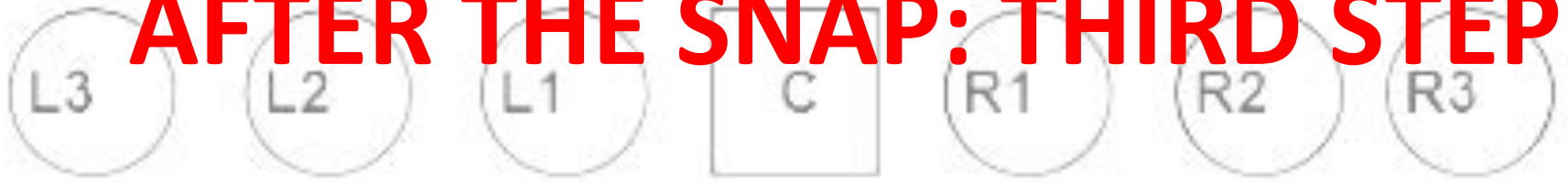
AFTER THE SNAP: SECOND STEP



AFTER THE SNAP: SECOND STEP



AFTER THE SNAP: THIRD STEP



Front line – Get UP field!
Shield – Hold your water!



GETTING OFF THE LOS

L2

RESPONSIBILITY

Red = NO

Green = GO!



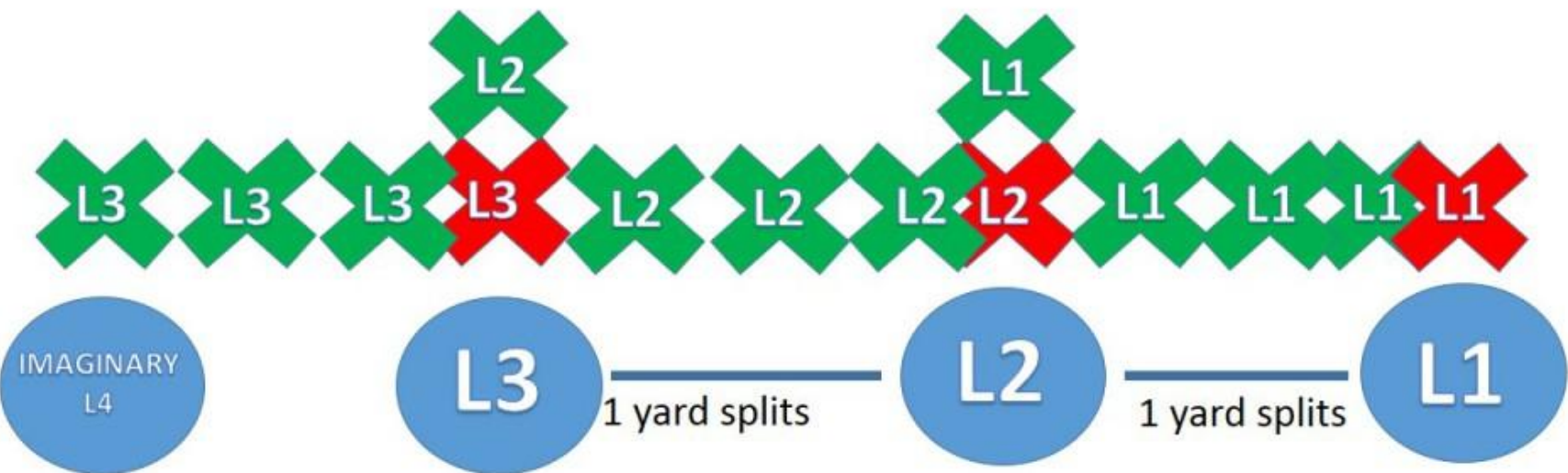
1 yard splits



GETTING OFF THE LOS

Who you **ARE** blocking and you are **NOT** blocking!

LEFT SIDE OF THE LOS



GETTING OFF THE LOS

NO!



YES!









NFSC

L1

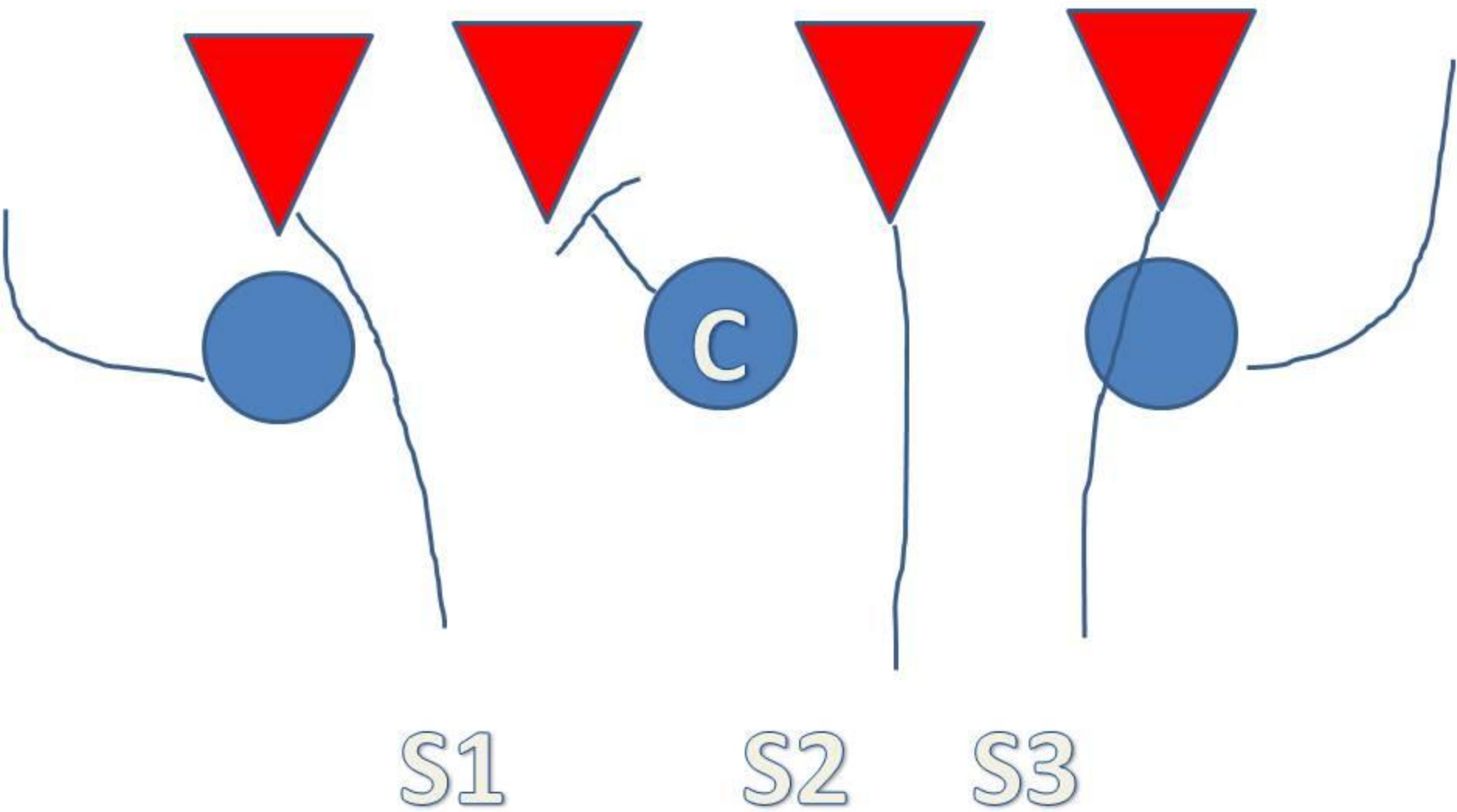






TWO IN YOUR ZONE

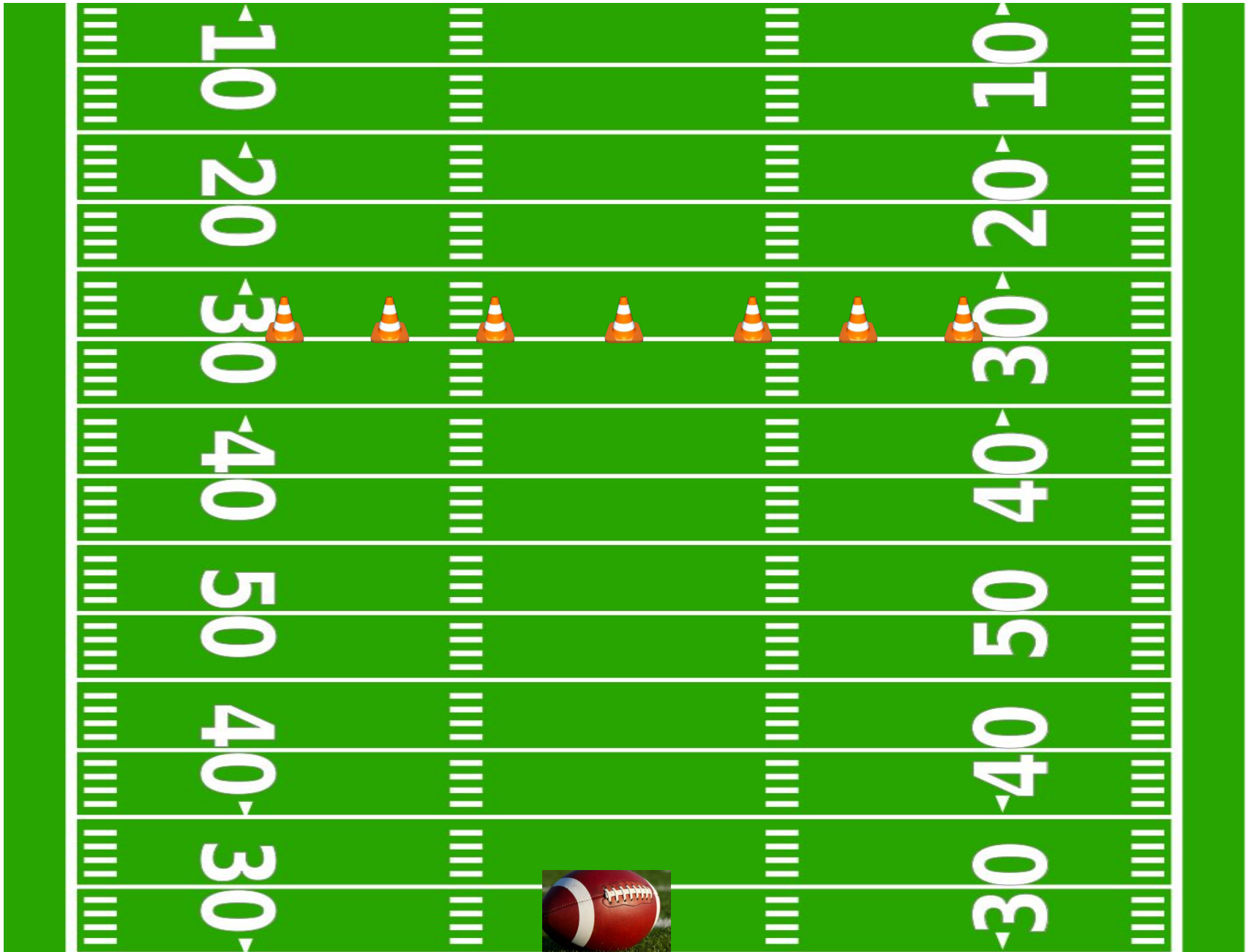




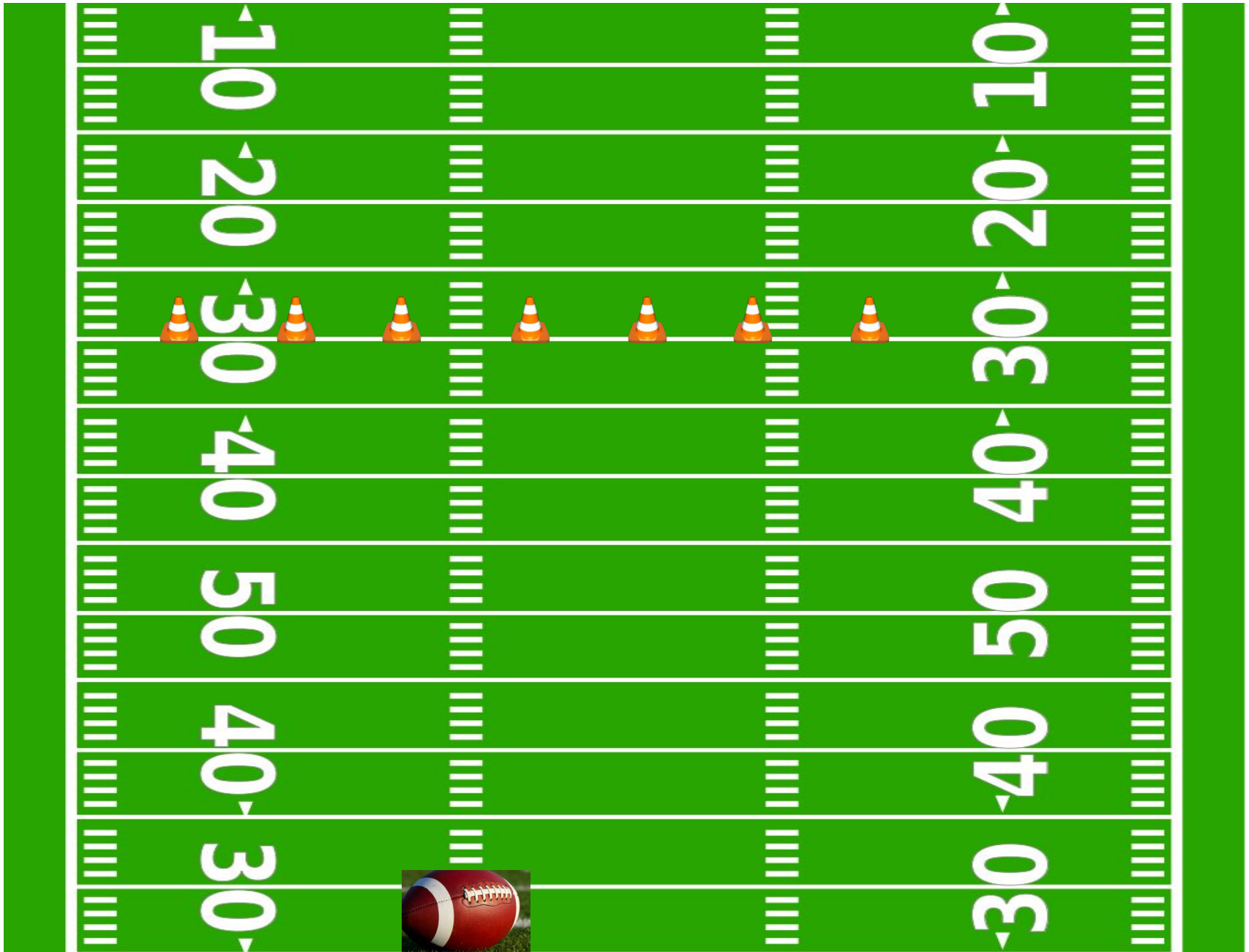
COVERAGE “LANES”



COVERAGE "LANES" DRILL



COVERAGE "LANES" DRILL



RUN TO THE CONES

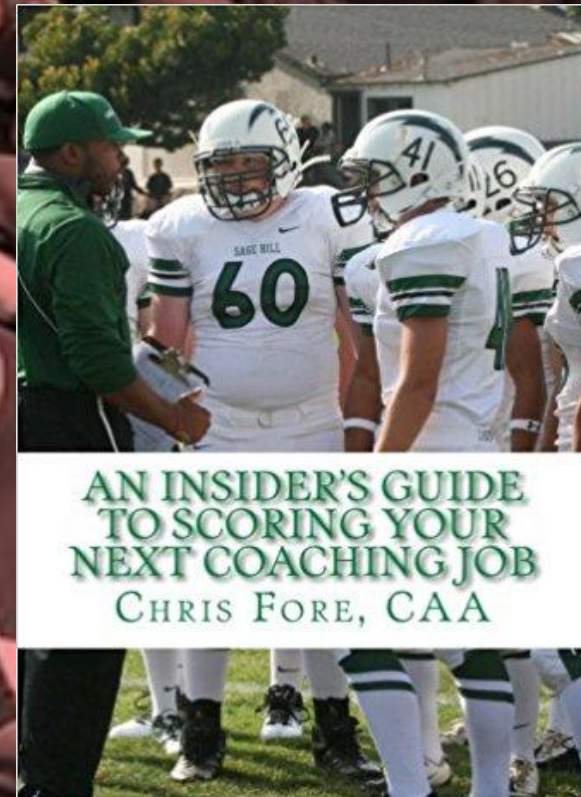
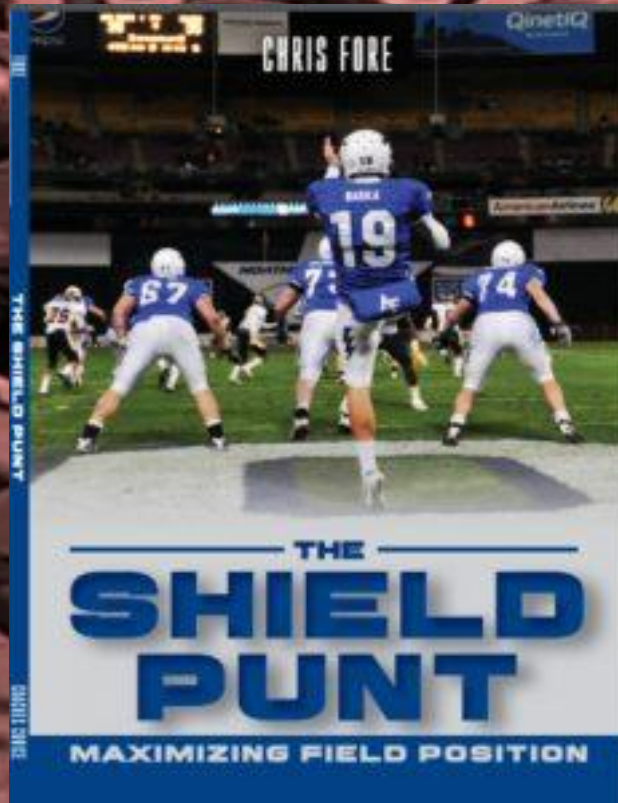
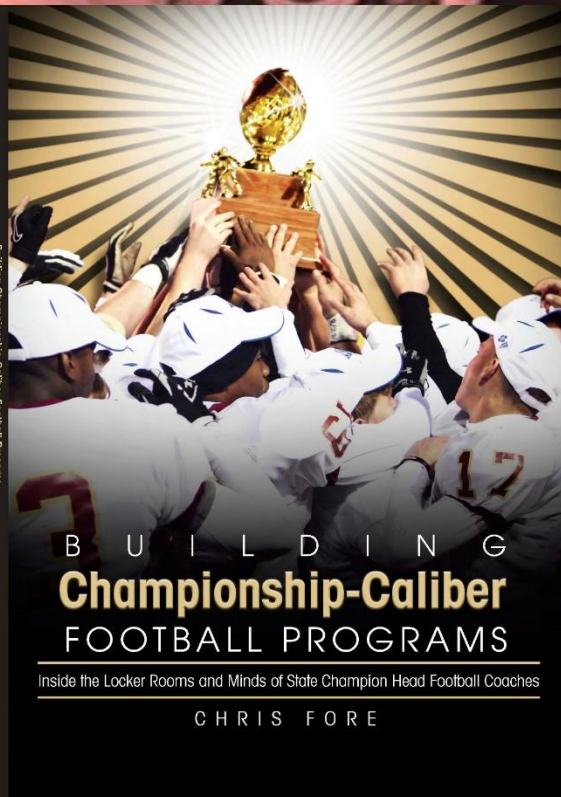


GET TO BALL CARRIER



AVAILABLE BOOKS

EightLaces.org



EightLaces.org

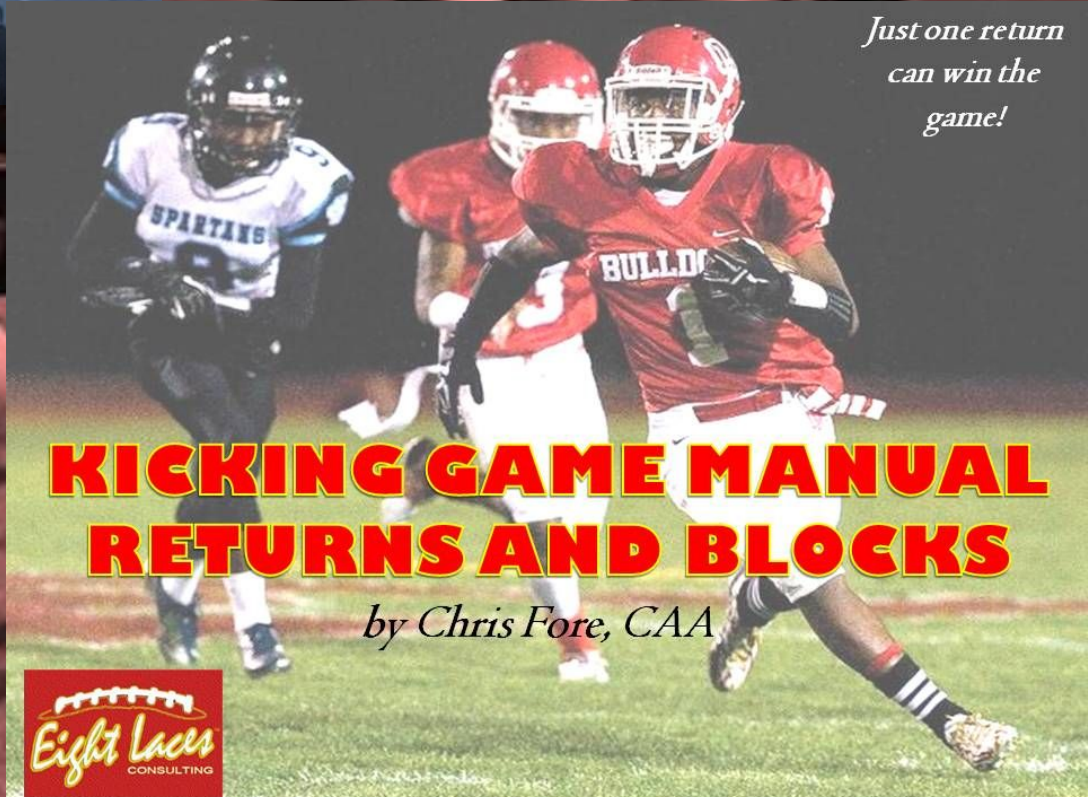
**MAN VS. ZONE SCHEMES:
STEALING YARDS
ANY WAY
YOU CAN**



*Just one return
can win the
game!*

**KICKING GAME MANUAL
RETURNS AND BLOCKS**

by Chris Fore, CAA



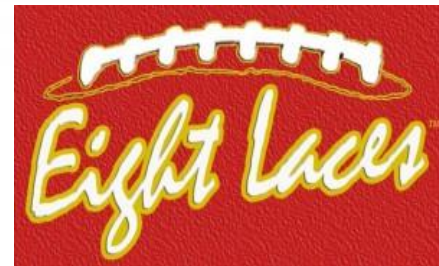
SHIELD PUNT

*Maximizing Field Position,
Eliminating Returns*

chris@eightlaces.org



@coachfore



By Chris Fore, ShieldPunt.com

EightLaces.org